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To provide updated information or to add new health and medical services to this directory,
please contact:

Thomas County Health Department
350 S Range, Ste 2
Colby, KS 67701
785-460-4596
estrange@thomascountyks.gov

Collaborative effort of Thomas County Health Department, Thomas County Emergency
Management, Thomas County EMS, and Citizens Medical Center, Inc.

Emergency Numbers

Police/Sheriff	911
Fire	911
Ambulance	911

Non-Emergency Numbers

Thomas County Sheriff	785-460-4570
Colby Police Department	785-460-4460
Kansas Highway Patrol	(State) 785-296-6800 (Hays) 785-625-3518
Thomas County Ambulance	785-460-4585
Thomas County Emergency Management	785-460-4516

Municipal Non-Emergency Numbers

	<u>Police/Sheriff</u>	<u>Fire</u>
Colby	785-460-4460	785-460-4454
Brewster	785-460-4570	785-890-4575
Gem	785-460-4570	785-460-4460
Levant	785-460-4570	785-460-4460
Rexford	785-460-4570	785-460-4460

Other Emergency Numbers

Kansas Child/Adult Abuse and Neglect Hotline

800-922-5330

<http://www.dcf.ks.gov/Pages/Default.aspx>

Domestic Violence Hotline

800-799-7233

www.ndvh.org

Emergency Management (Topeka)

785-274-1409

http://www.kansastag.gov/kdem_default.asp

Federal Bureau of Investigation

816-512-8200

<http://www.fbi.gov/>

Kansas Arson/Crime Hotline

800-KS-CRIME or 800-572-7463

www.accesskansas.org/kbi or firemarshal.ks.gov/arson

Kansas Bureau of Investigation (Topeka)

785-296-8200

www.accesskansas.org/kbi

Kansas Crisis Hotline (Domestic Violence/Sexual Assault)

888-363-2287

www.kcsdv.org

Kansas Road Conditions

866-511-KDOT, 511

785-871-1515 (Main Office)

www.ksdot.org

Poison Control Center

800-222-1222

www.aapcc.org

Suicide Prevention Hotline

800-784-2433

www.hopeline.com

800-273-TALK

www.suicidepreventionlifeline.com

Toxic Chemical and Oil Spills

800-424-8802

<https://www.epa.gov/pesticide-incidents/how-report-spills-and-environmental-violations>

Health Services

Health Department

Thomas County Health Department

350 South Range Avenue, Suite #2 (Colby)

Phone: (785) 460-4596 Fax: (785) 460-4595

<https://www.thomascohealth.com/>

Thomas County Health Department Services include:

Breastfeeding Boutique (Open M-F 7:30am to 5:00pm)

Certified Lactation Consultants

Becoming A Mom®

Blood Pressure Screenings

Family Planning

STI & HIV Testing

Immunizations

Lab Services

Physicals

Tobacco Control & Prevention

TB Skin Tests & Treatment

Hospital

Citizens Medical Center, Inc.

100 East College Drive (Colby)

785-462-7511

www.cmciks.com

Citizens Medical Center, Inc. (CMCI) Services include:

Anesthesia

- Epidural Anesthesia

Cardiopulmonary

- Pulmonary Rehabilitation
- Cardiac Rehabilitation

Education

- Certified Lactation Consultant
- Childbirth Classes
- Diabetes Education

Emergency Department

Foundation

- Citizens Foundation

General Surgical Services

Laboratory

Labor and Delivery

Long Term Care

- Prairie Senior Living Complex (PSLC)

Nursing Services

- Swing Bed Nursing
- Acute Care

Nutrition Counseling (Including Diabetes and Obesity)

Oncology

Pharmacy

Primary Care

- Family Center for Health Care (FCHC)

Radiology

Rehabilitation Services

- Adult and Pediatric Speech Therapy
- Occupational Therapy
- Physical Therapy
- Women's Health

Social Services

- Serenity Room (end of life care)

Specialty Clinics

Citizen's Medical Equipment (Durable Medical Equipment)

100 E. College Drive (Colby)

460-1269

Mental Health

Heartland Rural Counseling Services

Elaine Ptacek, LCPC; Amanda Lanning, LMSW
485 W 4th St (Colby)
785-460-7588

High Plains Mental Health Center Colby Branch

750 South Range Avenue (Colby)
785-462-6774 785-628-2871 24 Hour
www.highplainsmentalhealth.com

Meier New Life Clinic

Angie Witman, LPC & LCMFT
CMC Specialty Clinic
100 E. College Drive (Colby)
888-725-4642
www.meierclinics.com/Colby

The Office of Carrie Nassif, PhD

Provider: Carla Sloan-Brown, LMLP 2513
170 W 6th St (Colby)
785-460-0050
www.psychotherapyforkansas.com

Turning Point (Colby)

Bill Davis, LPC, LCAC; Jaime Kinderknecht, LCPC; Megan Briggs, MSW, LSCSW
866-463-2679
www.turningpointpcs.net

Medical Professionals

Chiropractors

Franz & Tubbs Chiropractic

135 West 6th Street Suite 4 (Colby)
785-462-7236
<https://www.notjusttheback.com/>

Northwest Kansas Chiropractic

Dr. Eric & Amanda Griggs, & Dr. Kristin Parker
1005 S. Range Ave #200
785-460-0332
<http://www.nwkchiro.com/>

Specialty Clinics

Citizens Medical Center Specialty Clinic
100 East College Drive (Colby)
785-460-1215

Dentists

Blackwood Family Dentistry
501 Garfield Street (Quinter)
(Accepts KanCare (Medicaid))
785-754-2441

Colby Family Dentistry
Bryan Nagle, DDS
770 South Range Avenue (Colby)
785-460-3922

Karen Thummel, DDS
480 West 4th Street (Colby)
785-460-6800

Rawlins County Dental Clinic
515 State St (Atwood)
(Accepts KanCare (Medicaid))
785-626-8290

Optometrists

Sam Funk, OD
505 N Franklin Street (Colby)
785-462-3348

Vision Source
1005 South Range Avenue (Colby)
785-462-8231
<http://visionsource-colby.com/>

Hearing

Hearing Solutions
1870 S Range (Colby)
785-460-4327

Northwest Kansas Hearing Services, Inc
175 S Range (Colby)
785-460-2957
<http://colbyhearingservices.com/>

Naturopathic Doctors

Dr. Joan D. Waters, ND

990 S. Range Ave #5 (Inside 110 Massage & Wellness)

Colby, KS 67701

(970)482-2010

www.practicalhealthsolutions.com

Pharmacies

Dillons

1605 South Range Avenue (Colby)

785-462-1310

www.kroger.com

Palace Drug Store

460 North Franklin Avenue (Colby)

785-460-7507

<https://www.cornerdrugstore.com/>

Wal-Mart

115 West Willow Avenue (Colby)

785-462-8634

www.walmart.com

Physicians

Family Center for Health Care

310 East College Drive (Colby)

785-462-6184

www.cmciks.com/family-center

Dr. Kelly Gabel, DO (Surgeon)

Dr. Bruce Kellogg, DO

Dr. Dan Kuhlman, MD

Dr. Darren Matchell, DO

Dr. Kysha Nichols-Totten, MD

Tricia Carney, APRN

Jenny Niblock, APRN

Adam Horinek, PA-C

Regina Taylor, PA-C

Amanda Reid, PA-C

Dr. Sarah Gabel, DO

Dr. Brenda Kopriva, MD (Surgeon)

Dr. Kara Kuhlman, MD

Dr. Dereck Totten, MD

Tina Benson, APRN

Luetta Flanagan, APRN

Robert Erwin, CRNA

Jennifer Haag, PA-C

Brian Unruh, PA-C

Brady Gilson, PA-C

Rehabilitation Services (physical, occupational and speech therapies)

Citizens Medical Center

(PT, OT, Pediatric and Adult Speech, Women's Health)

100 E. College Drive (Colby)

785-460-4868

Good Samaritan Society of NW Kansas

(Home Care-PT, OT, Speech)
820 S. Denison St. (St. Francis)
785-332-3588

Northwest Kansas Educational Service Center

(Home Care-PT, OT, Speech)
703 W. 2nd (Oakley)
785-672-3125

Tina Harris Physical Therapy & Sports Medicine Center

270 North Franklin Avenue (Colby)
785-462-8008

Other Health Care Services

Assisted Living/Nursing Homes/LTC

Colby Health & Rehab

105 East College Drive (Colby)
785-462-6721

<http://www.colbyhealthandrehab.com/>

Fairview Estates

1630 Sewell Avenue (Colby)
785-462-2154

Prairie Senior Living Complex

1625 South Franklin Avenue (Colby)
785-462-8295

www.cmciks.com/senior-living

Diabetes

Citizens Medical Center

Certified Diabetes Educator

100 E. College Drive (Colby)
785-460-1237

Disability Services

LINK (ages 16-60) (Hays)

800-569-5926; 1-785-625-6942

<http://linkinc.org/>

SKIL of Western Kansas (Hays)

<http://skilonline.com/>

800-316-8019 or 785-628-8019

Kansas Department of Children and Families

1135 S. Country Club Drive (Colby)

785-462-6769

<http://www.dcf.ks.gov/services/Pages/DCFOfficeLocatorMap.aspx>

Kansas Department on Aging & Disability (Hays)

800-432-7422

www.kdads.ks.gov

Home Health

Good Samaritan Society of NW Kansas

820 S. Denison St. (St. Francis)

785-332-3588

Goodland Home Health

1502 Main Ave (Goodland)

785-890-7658

L&C Home Health Agency

1175 S Range Ave, Ste 1, Box 5 (Colby)

785-465-7444

Hospice

Hospice Services, Inc.

438 N Franklin Avenue (Colby)

785-462-6710, 800-315-5122

Medical Equipment and Supplies

VFW Post 6882 (Wheel Chairs and Walkers)

220 Lake St (Colby)

460-7275

Northwest Kansas Educational Service Center (Keyes)

785-672-3125

Dillon's (Durable Medical Equipment)

462-1310

Wal-Mart (Durable Medical Equipment)

462-8651

Lincare (Oxygen)

1013 Main St (Goodland)

785-899-6848

www.healthcare4ppl.com/kansas/goodland/lincare-inc-24523.html

Sizewise (Bariatric Equipment)
210 Jefferson St, PO Box 320 (Ellis)
800-814-9389
www.sizewise.com

Citizen's Medical Equipment (Durable Medical Equipment)
100 E. College Drive (Colby)
460-1269

Senior Services

Brewster Senior Center
327 Kansas Avenue (Brewster)
785-694-2645

Senior Progress Center
165 Fike Park Street (Colby)
785-460-2901

Seniors in Action
305 Main Street (Rexford)
785-687-4646

Government Health Care Services

Kansas Department on Aging & Disabilities
503 South Kansas Avenue (Topeka)
785-296-4986 or 800-432-3535
www.kdads.ks.gov

Kansas Department of Health & Environment (KDHE)
Curtis State Office Building
1000 South West Jackson (Topeka)
785-296-1500
www.kdheks.gov/contact.html

KanCare (Medicaid)
900 SW Jackson, Suite 900 N (Topeka)
866-305-5147
www.kancare.ks.gov

KanCare Health Plans:

Aetna Better Health of Kansas (beginning 1/1/2019)

Sunflower: 877-644-4623, TTY: 888-282-6428

United Healthcare: 877-542-9238, TTY: #711

Amerigroup: 800-600-4441, TTY: 800-855-2880(ending 12/31/2018)

Senior Health Insurance Counseling for Kansas (SHICK)
NW Kansas Dept for Aging & Disability Services
510 West 29th, Suite B (Hays)
785-628-8204; 800-432-7422

**Medicare Part D Prescription Drug Insurance Counseling
Senior Health Insurance Counseling for Kansas (SHICK)**
Thomas County Extension Office
350 S Range Ave Suite 16 (Colby)
785-460-4582

Healthcare Navigator
NW Kansas Dept for Aging & Disability Services
510 West 29th, Suite B (Hays)
785-628-8204; 800-432-7422
<https://www.healthcare.gov/glossary/navigator/>

Healthcare Navigators are individuals or organizations trained and able to help consumers, small businesses, and employees look for health coverage options through the Marketplace, including completing eligibility/enrollment forms. These individuals and organizations are required to be unbiased. Their services are free to consumers.

Medicare
Social Security Administration
1212 East 27th Street (Hays)
888-552-7176
www.ssa.gov/benefits/medicare

Kansas Department of Children and Families
1135 S Country Club Drive Suite 1 (Colby)
785-462-6760; TTY/TDD 1-800-766-3777

Social Security Administration
1212 East 27th Street (Hays)
785-625-3496

Veteran's Affairs
990 S. Range Avenue (Colby)
785-462-3572 or 785-443-0120
<http://kcva.ks.gov/veteran-services/>

Local Government, Community, and Social Services

Adult Protection

Kansas Department of Aging & Disability Services
800-922-5330
<http://www.kdads.ks.gov/hotlines>

Elder Abuse Hotline

800-842-0078

http://www.kdheks.gov/bhfr/elder_abuse_hotlines.html

**Kansas Department of Social and Rehabilitation
Services West Region Protection Reporting Center**

1-800-922-5330

Alcohol and Drug Treatment

Smoking Cessation

KanQuit

1-800-784-8669

www.QuitNow.net/Kansas or www.KanQuit.org

Child Protection

**Kansas Department of Children and Families Services
Western Region Protection Reporting Center**

1-800-922-5330

Available 24 hours/7 days per week

Children and Youth

Children's Alliance

627 Southwest Topeka Boulevard (Topeka)

785-235-5437

www.childally.org

Consumer Safety

<https://www.consumersafety.org/>

Kansas Children's Service League

800-332-6378 (Bullying Prevention)

800-530-5275 (Main Line)

<https://www.kcsl.org/>

LiveWell Northwest Kansas (Home Visiting Programs ABC & PALS)

460 N. Garfield

785-460-8177

Community Assistance

Salvation Army (Thomas Co. Health Dept.)

Emergency Assistance/Vision USA

785-460-4596 (Colby)

Community Centers

Colby Bowl & Fun Center

1175 South Range Avenue (Colby)
785-460-2672

Crime Prevention

Thomas County Sheriff
225 North Court Avenue (Colby)
785-460-4570

Colby Police Department
225 North Court Avenue (Colby)
785-460-4460

Day Care Providers-Children

Child Care Aware of Northwest Kansas
(Provides list of providers in area)
1255 South Range Avenue (Colby)
785-460-5482; 1-877-678-2548

Kids Port Group Childcare
460 North Garfield Avenue (Colby)
785-465-9110

Employment/Job Services

Colby Work Force Center
350 S Range (Colby)
785-462-2024

Extension Office

Northwest Area Extension Office
105 Experiment Farm Drive, Suite 1 (Colby)
785-462-7575
www.northwest.ksu.edu

Thomas County Extension Service
350 S. Range Avenue, Ste 16 (Colby)
785-460-4582
www.thomas.ksu.edu

Domestic/Family Violence

Child/Adult Abuse Hotline
1-800-922-5330
www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx

Options Domestic and Sexual Violence Services
2716 Plaza Ave, Hays, KS

785-625-4202; 1-800-794-4624 24 Hour
<http://www.help4abuse.org/>

General Information – Women’s Shelters
www.WomenShelters.org

Food Programs

Bobs Box distributed by Thomas County Health Department
350 South Range Avenue, Ste. 2 (Colby)
785-460-4596

Genesis Food Bank
350 S. Range Avenue (Colby)
785-460-7930, Limited hours on most Wednesdays

Homestead Nutrition (Meal Delivery based on Eligibility)
Senior Progress Center
165 Fike Park Street (Colby)
785-460-2901

High Plains Food Coop
1678 US Hwy 36 (Saint Francis)
7900 E Union Ave, Ste 200 (Denver)
785-626-6082
<http://www.highplainsfood.org/>

WIC (Goodland – serves Colby/Thomas County)
1-800-899-4892

Funeral Homes

Baalmann Mortuary
190 South Franklin Avenue (Colby)
785-462-2331
www.baalmannmortuary.com

Kersenbrock Funeral Chapel Inc
745 South Country Club Drive (Colby)
785-462-7979
www.kersenbrockfuneralchapel.com

Head Start

Head Start NKESC
210 North Grant Avenue (Colby)
785-462-6067
www.nkesc.org/

Early Head Start NKESC
703 W 2nd St (Oakley- Serves Colby/Thomas County)
785-672-3125

Health and Fitness Centers

Citizens Medical Center
100 E. College Drive (Colby)
785-460-4868

Colby Community College
1255 S. Range Avenue (Colby)
785-462-3984

Colby Recreation Department
285 E. Fifth Street (Colby)
785-460-4440

Crossfit Colby
200 N Franklin Ave (Colby)
785-460-0361
<http://crossfitcolby.com/>

Jump Start Fitness Center
415 North Franklin Avenue (Colby)
785-443-0419
www.jump-start-fitness-center.business.site

The Movement Connection
430 North Franklin Avenue (Colby)
785-462-2044

Housing

Colby Housing Authority
600 South Mission Ridge Avenue (Colby)
785-460-6763
www.colbyhousingauthority.com

St. Thomas Historic Residence
200 S Range Ave (Colby)
785-460-4360
saintthomas.livewellce.com

Colby House LP
770 Dylan Dr (Colby)
785-462-3473

Legal Services

Alwin Legal Services

PO Box 288 (Colby)

785-269-7603

www.alwinlegalservices.com

Barrett Law Firm

280 N. Court Avenue; P. O. Box 544 (Colby)

785-460-0188

www.barrettlawfirm.org

John D. Gatz

505 N. Franklin Avenue, Suite A (Colby)

785-460-3383

Kansas Legal Services

Legal Aide Society

1401 B Main (Hays)

800-723-6953

785-625-4514

<http://kansaslegalservices.org>

Lamm Law

785-443-3476

Ronald Shalz

1675 W. 4th St, Ste A Street (Colby)

785-462-6736

Stramel Law Firm

480 N. Franklin Ave (Colby)

785-460-3222

www.stramellawfirm.com

Thomas County Attorney

410 N. Franklin Ave (Colby)

785-460-4580

Pregnancy Services

Emergency Pregnancy Services & Natural Family Planning

350 S. Range Ave, Ste 3 (Colby)

785-462-3022

Kansas Children's Service League

877-530-5275

www.kcsl.org

Prenatal Classes
Thomas County Health Department
785-462-4596

Public Information

Chamber of Commerce
350 S. Range Suite 10 (Colby)
785-460-3401 Fax 785- 460-4509
<http://oasisontheplains.com/>

Colby Visitors Center
2015 S Range Ave (Colby)
785-460-0076
<http://oasisontheplains.com/>

City of Colby
785-460-4400
www.cityofcolby.com

Colby Convention & Visitors Bureau
350 S Range Ave, Suite 10 (Colby)
785-460-7643
<http://oasisontheplains.com/>

Thomas County Courthouse
300 North Court Avenue (Colby)
785-460-4500
<http://thomascountyks.com/>

Rape

Options Domestic and Sexual Violence Services
2716 Plaza Ave, Hays, KS
785-625-4202; 800-794-4624 24 Hour
<http://www.help4abuse.org/>

Domestic Violence and Rape Hotline
888-656-HOPE (4673)

Family Crisis Center
1806 12th Street (Great Bend)
620-792-1885/ 866-792-1885
www.familycrisisctr.org

Kansas Crisis Hotline
888-363-2287

The Crisis Center (Manhattan)

785-539-7935

800-727-2785

www.thecrisiscenterinc.org

Social Security

Social Security Administration

888-552-7176 (Hays- serves Colby/ Thomas County)

www.ssa.gov

Transportation

Colby Cab

785-462-TAXI (-8294)

Thomas County Transportation Van

300 N. Court (Colby)

785-443-9208; 785-460-4500

tcc01@st-tel.net

Veterinary Services

Colby Animal Clinic

810 East 4th Street (Colby)

785-460-8621

www.colbyanimalclinic.com

Swartz Veterinary Hospital

1775 West 4th Street (Colby)

785-460-1078

<http://www.swartzvethospital.com/>

State and National Information, Services, Support

Adult Protection

Adult Protection Services

1-800-922-5330

<http://www.dcf.ks.gov/services/PPS/Pages/APS/AdultProtectiveServices.aspx>

Domestic Violence and Sexual Assault (DVACK)

1-800-874-1499

www.dvack.org

Elder Abuse Hotline

1-800-922-5330 or 877-662-8362

www.elderabusecenter.org

Elder and Nursing Home Abuse Legal

http://www.kdheks.gov/bhfr/elder_abuse_hotlines.html

Kansas Coalition Against Sexual and Domestic Violence
1-888-END-ABUSE (363-2287)
www.kcsdv.org/

**Kansas Department on Aging
Adult Care Complaint Program**
1-800-842-0078

National Center on Elder Abuse (Administration on Aging)
<https://ncea.acl.gov/>

National Domestic Violence Hotline
1-800-799-SAFE (799-7233)
1-800-787-3224 (TTY)
www.ndvh.org

National Sexual Assault Hotline
800.656.4673
<https://www.rainn.org/>

National Suicide Prevention Lifeline
1-800-273-8255

Poison Center
1-800-222-1222

Sexual Assault and Domestic Violence Crisis Line
1-800-701-3630

Kansas Department of Children and Families
1-888-369-4777 (Hays)
www.dcf.ks.gov

Suicide Prevention Helpline
785-841-2345

Alcohol and Drug Treatment Programs

A 1 A Detox Treatment
1-800-757-0771

Abandon A Addiction
1-800-405-4810

Able Detox-Rehab Treatment
1-800-577-2481

Abuse Addiction Agency

1-800-861-1768

www.thewatershed.com

AIC (Assessment, Information, Counseling)

785-639-1081

Al-Anon Family Group

1-888-4AL-ANON (425-2666)

<https://al-anon.org/>

Alcohol and Drug Abuse Hotline

1-800-ALCOHOL

Alcohol and Drug Addiction Treatment Programs

1-800-510-9435

Alcohol and Drug Helpline

1-800-821-4357

Alcoholism/Drug Addiction Treatment Center

1-800-477-3447

Kansas Alcohol and Drug Abuse Services Hotline

1-800-586-3690

www.def.ks.gov

Mothers Against Drunk Driving

1-800-GET-MADD (438-6233)

www.madd.org

National Council on Alcoholism & Drug Dependence, Inc.

1-800-622-2255

www.ncadd.org

Recovery Connection

1-800-993-3869

www.recoveryconnection.org

Regional Prevention Centers of Kansas

785-625-5521 (Hays)(Smoky Hill Foundation)

<http://www.kdads.ks.gov/commissions/behavioral-health/kpc>

Children and Youth

Adoption

1-800-862-3678

www.adopt.org/

Boys and Girls Town National Hotline

1-800-448-3000

www.girlsandboystown.org

Child/Adult Abuse and Neglect Hotline

1-800-922-5330

www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx

Child Abuse National Hotline

1-800-422-4453

1-800-222-4453 (TDD)

<https://www.childhelp.org/hotline/>

Child Find of America

1-800-426-5678

Child Help USA National Child Abuse Hotline

1-800-422-4453

Child Protective Services

1-800-922-5330

KanCare (Medicaid)**105 W 13th (Hays)**

785-621-5147; 785-259-8614

bney@kdheks.gov 1-800-792-4884

1-800-792-4292 (TTY)

Heartspring (Institute of Logopedics)

8700 E. 29TH N, Wichita, KS 67226

800-835-1043

www.heartspring.org

Kansas Big Brothers/Big Sisters

1-888-574-2447

<https://www.kansasbigs.org/>

Kansas Children's Service League (Hays)

785-625-2244

1-877-530-5275

www.kcsl.org

Kansas Department of Health and Environment

785-296-1500

www.kdheks.gov

e-mail: info@kdheks.gov

The Kansas Society for Children with Challenges

106 W. Douglas, Suite 900, Wichita, KS 67202

1-800-624-4530

316-262-4676

www.kssociety.org

National Runaway Switchboard

1-800-RUNAWAY (786-2929)

www.1800runaway.org/

National Society for Missing and Exploited Children

1-800-THE-LOST (843-5678)

www.missingkids.com

Parents Anonymous Help Line

1-800-345-5044

<http://parentsanonymous.org/>

Runaway Line

1-800-621-4000

1-800-621-0394 (TDD)

www.1800runaway.org/

Talking Books

1-800-362-0699

<https://kslib.info/153/Talking-Books>

Community Action

Peace Corps

1-800-424-8580

www.peacecorps.gov

Public Affairs Hotline

(Kansas Corporation Commission)

1-800-662-0027

www.kcc.state.ks.us

Counseling

Care Counseling

Family counseling services for Kansas and Missouri

1-888-999-2196

Alsana

1-888-822-8938

<http://alsana.com>

Catholic Charities

1-888-468-6909

<https://www.ccnks.org/>

Central Kansas Mental Health Center

1-800-794-8281

<http://www.ckmhc.org/>

Consumer Credit Counseling Services

1-800-279-2227

www.kscacs.org/

Kansas Problem Gambling Hotline

1-800-522-4700

<http://www.ksgamblinghelp.com/>

National Hopeline Network

1-800-SUICIDE (785-2433)

www.hopeline.com

National Problem Gambling Hotline

1-800-522-4700

<https://www.ncpgambling.org/>

Self-Help Network of Kansas

316-978-3843

<https://supportgroupsinkansas.org/>

Senior Health Insurance Counseling for Kansas (SHICK)

1-800-860-5260

<http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick>

Sunflower Family Services, Inc.

(adoption, crisis pregnancy, conflict solution center)

1-877-457-5437

www.sunflowerfamily.org

WINGS Upon the Prairie (Consumer Run Organization)

485 N Franklin (Colby)

785-460-7477

Disability Services

American Association of People with Disabilities (AAPD)
800-840-8844
www.aapd.com

American Council for the Blind
800-424-8666
www.acb.org

Americans with Disabilities Act Information Hotline
800-514-0301
800-514-0383 (TTY)
www.ada.gov

Disability Advocates of Kansas, Incorporated
855-747-6075
www.disabilitysecrets.com

Disability Group, Incorporated
888-236-3348
www.disabilitygroup.com

Disability Rights Center of Kansas (DRC)
Formerly Kansas Advocacy & Protective Services
877-776-1541
877-335-3725 (TTY)
www.drckansas.org

Hearing Healthcare Associates
800-448-0215

Kansas Commission for the Deaf & Hearing Impaired
800-432-0698
<http://www.dcf.ks.gov/>

Kansas Relay Center (Hearing Impaired service)
800-766-3777 or dial 7-1-1
www.kansasrelay.com

National Center for Learning Disabilities
888-575-7373
www.nclld.org

National Library Services for Blind & Physically Handicapped
888-657-7323
800-424-8567 (Music Section)
www.loc.gov/nls/

Environment

Environmental Protection Agency

1-800-223-0425

913-321-9516 (TTY)

www.epa.gov

Kansas Department of Health and Environment

Salina 785-827-9639

Hays 785-625-5663

Topeka 785-296-1500

www.kdheks.gov

Food and Drug

Center for Food Safety and Applied Nutrition

1-888-SAFEFOOD (723-3366)

<http://www.fda.gov/Food/>

US Consumer Product Safety Commission

1-800-638-2772; 1-800-638-8270 (TDD)

www.cpsc.gov

USDA Meat and Poultry Hotline

1-888-674-6854 1-800-256-7072 (TTY)

www.fsis.usda.gov/

U.S. Food and Drug Administration

1-888-INFO-FDA; 1-888-463-6332

www.fda.gov

Poison Hotline

1-800-222-1222

Health Services

American Cancer Society

1-800-227-2345

www.cancer.org

American Diabetes Association

1-800-DIABETES (342-2383)

www.diabetes.org

AIDS/HIV Center for Disease Control and Prevention

1-800-CDC-INFO; 1-888-232-6348 (TTY)

www.cdc.gov/hiv/

AIDS/STD National Hot Line

1-800-342-AIDS; 1-800-227-8922 (STD line)

Bright Focus Foundation

1-800-437-2423

<https://www.brightfocus.org/>

American Heart Association

1-800-242-8721

www.heart.org

American Lung Association

1-800-586-4872

www.lung.org

American Stroke Association

1-888-4-STROKE (478-7653)

www.heart.org

Center for Disease Control and Prevention

1-800-CDC-INFO

1-888-232-6348 (TTY)

www.cdc.gov/hiv/

Early Detection Works

Education, screening, diagnosis, case management, and referral for cancer treatment.

877-277-1368

www.kdheks.gov/edw/about.htm

Elder Care Helpline

www.eldercarelink.com

Eye Care Council

1-800-960-EYES

www.seetolearn.com

Kansas Foundation for Medical Care

1-800-432-0770

www.kfmc.org

National Health Information Center

www.health.gov/nhic

National Cancer Information Center

1-800-227-2345; 1-866-228-4327 (TTY)

www.cancer.org

National Institute on Deafness and Other Communication Disorders Information

1-800-241-1044; 1-800-241-1055 (TTY)

www.nidcd.nih.gov

Hospice

Hospice-Kansas Association
800-315-5122 (NW Kansas)
www.hospicenwks.com

Kansas Hospice and Palliative Care Organization
<https://khpcowordpress.com/>

Housing

Kansas Housing Resources Corporation
785-217-2001
1-800-766-3777 TTY
<http://www.kshousingcorp.org/>

US Department of Housing and Urban Development
Kansas Regional Office
913-551-5462
800-225-5342 TTY 800-877-8339 (general questions)
www.hud.gov

Legal Services

Kansas Attorney General
1-800-432-2310 (Consumer Protection)
1-800-828-9745 (Crime Victims' Rights)
1-800-766-3777 (TTY)
www.ksag.org/

Kansas Bar Association
785-234-5696
www.ksbar.org

Kansas Department on Aging
785-296-4986
<http://www.kdads.ks.gov/commissions/commission-on-aging>

Kansas Legal Services
1-800-723-6953
www.kansaslegalservices.org

Northwest Kansas Area Agency on Aging
510 W 29th Street, Suite B (Hays)
785-628-8204
800-432-7422
www.nwkaaa.com

Medicaid/Medicare Services

KanCare (Medicaid)

900 SW Jackson, Suite 900 N (Topeka)
1-866-305-5147

www.kancare.ks.gov

KanCare Health Plans:

Amerigroup: 800-600-4441, TTY: 800-855-2880

Sunflower: 877-644-4623, TTY: 888-282-6428

United Healthcare: 877-542-9238, TTY: #711

Medicare Information

1-800-MEDICARE

www.medicare.gov

U.S. Department of Health and Human Services

Centers for Medicare and Medicaid Services

1-800-MEDICARE (1-800-633-4227) or 1-877-486-2048 (TTY)

www.cms.hhs.gov

Senior Health Insurance Counseling for Kansas (SHICK)

Northwest Kansas Department for Aging and Disability Services
510 West 29th, Suite B (Hays)

785-628-8204 800-432-7422

www.kdads.ks.gov

Medicare Part D Prescription Drug Insurance Counseling

Senior Health Insurance Counseling for Kansas (SHICK)

Thomas County Extension Office

350 S Range Ave Suite 16 (Colby)

785-460-4582

Mental Health Services

Alzheimer's Association

1-800-272-3900 or 1-866-403-3073 (TTY)

www.alz.org

Developmental Services of Northwest Kansas

1-800-637-2229

www.dsnwk.org

Kansas Alliance for Mentally Ill (Topeka, KS)

785-233-0755 or 800-539-2660

www.namikansas.org

Make a Difference (KDHE – Special Health Care Needs)

1-800-332-6262

www.kdheks.gov/shcn/index.htm

Mental Health America

1-800-969-6MHA (969-6642)

www.mentalhealthamerica.net

National Alliance for the Mentally Ill Helpline

1-800-950-NAMI (950-6264) or 703-516-7227 (TTY)

1-800-539-2660 (Kansas NAMI office)

www.nami.org

National Institute of Mental Health

1-866-615-6464 or 1-866-415-8051 (TTY)

www.nimh.nih.gov

National Library Services for Blind and Physically Handicapped

1-800-424-8567

www.loc.gov/nls/music/index.html

State Mental Health Agency

Kansas Department of Children and Families

915 SW Harrison Street (Topeka)

785-296-3959

www.dcf.ks.gov

Suicide Prevention Hotline

1-800-SUICIDE (784-2433)

<https://www.imalive.org/>

Nutrition

American Dietetic Association

1-800-877-1600

www.eatright.org

American Dietetic Association Consumer Nutrition Hotline

1-800-366-1655

Department of Human Nutrition

Kansas State University

119 Justin Hall (Manhattan)

785-532-5508

www.he.k-state.edu/fndh/

Eating Disorders Awareness and Prevention

1-800-931-2237

www.nationaleatingdisorders.org

Food Assistance (SNAP)

Kansas Department of Children and Families

1-888-369-4777 or Local SRS office

www.dcf.ks.gov

Kansas Department of Health and Environment (WIC)

1000 SW Jackson, Suite 220 (Topeka)

785-296-1320

<http://www.kansaswic.org/>

Road and Weather Conditions

Kansas Road Conditions

1-866-511-KDOT or 5-1-1 from mobile

www.ksdot.org

Senior Services

Alzheimer's Association

1-800-487-2585

<http://www.alz.org/>

American Association of Retired Persons (AARP)

1-888-OUR-AARP (687-2277)

www.aarp.org

Americans with Disabilities Act Information Line

1-800-514-0301

1-800-514-0383 (TTY)

<https://www.ada.gov/infoline.htm>

Area Agency on Aging

1-800-432-2703

Eldercare Locator

1-800-677-1116

<https://eldercare.acl.gov/Public/Index.aspx>

Home Buddy

1-866-922-8339

www.homebuddy.org

Home Health Complaints

Kansas Department of Children & Families
1-800-842-0078
www.dcf.ks.gov

Kansas Advocates for Better Care Inc.

1-800-525-1782
www.kabc.org

Kansas Department for Aging & Disability Services

1-800-432-3535 or 785-291-3167 (TTY)
www.kdads.ks.gov

Kansas Foundation for Medical Care, Inc.

Medicare Beneficiary Information
1-800-432-0770
www.kfmc.org

Kansas Tobacco Use Quitline

1-866-KAN-STOP (526-7867)
www.kdheks.gov/tobacco/cessation.html

Older Kansans Employment Programs (OKEP)

785-296-7842
<https://kansascommerce.gov/997/Older-Kansans-Employment-Program>

Older Kansans Information Reference Sources on Aging (OKIRSA)

1-800-432-3535

Senior Health Insurance Counseling for Kansas (SHICK)

1-800-860-5260
<http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick>

Medicare Part D Prescription Drug Insurance Counseling

Senior Health Insurance Counseling for Kansas (SHICK)

Thomas County Extension Office
350 S Range Ave Suite 16 (Colby)
785-460-4582

Kansas Department for Aging & Disability Services

785-296-3959 or 785-296-1491 (TTY)
www.kdads.ks.gov

Suicide Prevention

Suicide Prevention Services
1-800-784-2433
<https://suicidepreventionlifeline.org/>

Veterans

Federal Information Center
1-800-333-4636
www.usa.gov

Kansas Commission on Veterans Affairs
1-800-513-7731
www.kcva.org

Veterans Administration

Veterans Administration Benefits
1-800-669-8477

Benefits Information and Assistance
1-800-827-1000

Debt Management
1-800-827-0648

Life Insurance Information and Service
1-800-669-8477

Welfare Fraud Hotline

Welfare Fraud Hotline
1-800-432-3913